

DIABETES in Missouri



Background

The Missouri Diabetes Prevention and Control Program (MDPCP) received initial funding in 1981 from the Centers for Disease Control and Prevention (CDC). The aims of the program are to provide and promote education, policies, and programs to health professionals and community-based organizations in order to reduce the impact of diabetes. Program aims are in accordance with goals of Healthy People 2010 and CDC's national diabetes objectives of increasing the number of persons with diabetes who receive the recommended standards of care for A1C testing, annual dilated eye and foot exams, flu and pneumonia immunizations, and diabetes self-management and education counseling. Program aims also support the goal of the Missouri Department of Health and Senior Services to reduce the burden of chronic disease. Program activities are targeted toward Missourians at high risk for diabetes. Major disparities exist in the health/disease/death continuum experienced by minorities and low socioeconomic groups when compared with all other Missourians.

Missouri Diabetes Advisory Board

The Missouri Diabetes Advisory Board's purpose is to advise, guide, and support the MDPCP to help it achieve its aims. The Advisory Board strives to represent and facilitate the coordination of the activities and efforts of the various groups, agencies, and persons with an active interest in diabetes and diabetes care within Missouri. The 30-member board is comprised of persons with diabetes or who have a family member with diabetes, health care providers, and many organizations that provide care, education, support, and advocacy for persons with diabetes.

Programs

The MDPCP accomplishes its program aims through partnerships with a variety of state, local, and national organizations to implement quality improvement, awareness, educational programs, and to provide training and resources to health professionals at all levels.

The MDPCP has partnered with the National *Diabetes Collaborative*, a partnership of the Health Services and Resources Administration (HRSA) Bureau of Primary Health Care, the Institute for HealthCare Improvement, and CDC Division of Diabetes Translation since January 1999 to improve diabetes care within federally funded health centers. The purpose of the Collaborative is to improve diabetes performance measures through improved health-care delivery systems, increased access and use of standards of care, and decreased health disparities among the medically under-served populations. The methods include building capacity of health center teams to excel in the care of patients with diabetes through excellence in health center systems, collaborative learning and action, transfer of knowledge and expansion of partnership at the community, state, and national level. An electronic diabetes registry has been established in all centers to track care provided, patient outcomes, and provide information for population-based improvement efforts.

The MDPCP has also partnered with the MissouriPRO to form the *Community Care Connections* quality improvement project. In this project, hospitals form a team with provider practices to redesign care among primary providers utilizing the chronic care model. Through the implementation of best practices such as diabetes registries, flow sheets with embedded evidence-based

DIABETES in Missouri

practice guidelines, enhanced linkages and relationships with community organizations for supporting persons living with diabetes, and patient self-management goal setting, care is proactive and patient focused. This reshaping of care results in improved patient outcomes and reduces the secondary complications of diabetes.

Through *Diabetes Today*, the MDPCP trains local community leaders and concerned citizens to identify needs and resources for individuals with diabetes and their family members and assists these coalitions in planning, implementing and evaluating community-level programs to prevent and control diabetes and its complications.

Professional Education initiatives are coordinated with a variety of professional and educational organizations to assure that providers and other health professionals are knowledgeable of the latest standards of care for diabetes.

The MDPCP partners with multiple agencies to utilize *National Diabetes Education Program* and *CDC's Flu and Pneumonia Campaign* materials toward the goal of improving the treatment and outcomes for people with diabetes, to promote early diagnosis, and ultimately to prevent the onset of diabetes. This includes awareness campaigns around the warning signs and risk factors, self-management behaviors among persons with diabetes, and coverage for diabetes care. For more information on NDEP, visit their web site at: www.ndep.nih.gov.

Contact Information

For more information about MDPCP or our programs contact us at:

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Diabetes

Missouri Department of Health & Senior Services
Chronic Disease Control
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Alternate forms of this publication for persons with disabilities may be obtained by contacting the Missouri Department of Health and Senior Services at 1-800-316-0935. Hearing impaired citizens telephone: **1-800-735-2966**.
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